

## **Middletown Medication Providers**

### **Wendy Peterson, APRN**

267 William Street (walking distance from campus)

T: 860-231-2381

W: [www.wendypetersonaprn.com](http://www.wendypetersonaprn.com)

- Psychotherapy and medication management for clients 14+ for all psychiatric diagnoses
- Out of network provider

### **Center for Behavioral Health, Middlesex Hospital**

131 S. Main Street

Call 860-358-8825 for intake coordinator

- Therapy and medication management
- Most insurances accepted

### **Community Health Center**

675 Main Street (walking distance)

T: 860-347-6971 X4155 ask for "Access to care"

Hours Monday-Thursday 8-7:00, Friday 8-5:00.

- New clients first need to be seen by a medical provider who can refer for therapy and medication management
- Husky insurance accepted, sliding fee accepted

### **Gilead Community Services**

230 Main Street Extension

860-343-5303

- Therapy and medication management for adults
- All major insurances accepted

## **Medication Providers outside Middletown**

### **Supportive Solutions Behavioral Health and Wellness, LLC**

<https://supportivesolutions.org/>

### **Northpoint Psychiatric (located on Main Street)**

<https://www.northpointpsychiatry.com/contact>

### **Francine Augeri, APRN**

1 Willowbrook Road

Cromwell, CT 06416

T: (833) 549-1001

- Medication management for adults 17+/Anxiety and Mood disorders
- Accepts Aetna, Anthem BlueCross BlueShield, Cigna, ConnectiCare, & Husky

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- <https://www.psychologytoday.com/us/psychiatrists/francine-augeri-cromwell-ct/752605>

**Alina Schneider, APRN**

Center for Holistic Healthcare  
1420 Main St Suite 124,  
Glastonbury, CT 06033  
T: 860-421-9833

- <https://ctrforholistichealthcare.com/our-team/>
- Accepts Husky, Anthem, Aetna, & Cigna

**Susan Marie Brown, APRN**

357 Whitney Avenue, #105, New Haven  
(203)275-0880

- Does not accept insurance

**Danielle Morgan, APRN**

T: 203-772-1077  
Offices in New Haven and Guilford  
Accepts Aetna, Cigna, Anthem, and Magellan (Yale preferred) insurances

**Frank John Ninivaggi, MD**

200 Orchard Street, #308,  
New Haven, CT  
T: 203-904-2358

- Does not accept insurance, provides insurance paperwork (i.e. Superbill)

## **Neuropsychological/Psychoeducational Testing**

**Small Victories Wellness Services, PLLC**

360 Main St, Suite 2D Middletown, CT 06457  
Email: [connect@smallvictorieswellness.com](mailto:connect@smallvictorieswellness.com)  
Call or Text: +1 (860) 248-6046  
Fax: +1 (844) 264-0237

Insurance: Aetna; Other private insurances - PENDING. Please call for more information)

**Connecticut Psychiatric & Wellness Center**

<https://www.ctpsychwellness.com/>

Connecticut Psychiatric & Wellness Center, Hamden, CT

Phone (appointments): 203-298-9005 | Phone (general inquiries): 203-298-9005  
Address: 2446 Whitney Avenue, Second Floor, Hamden, CT 06525

Connecticut Psychiatric & Wellness Center, Woodbridge, CT

Phone (appointments): 203-298-9005 | Phone (general inquiries): 203-298-9005  
Address: 1 Bradley Road, Suite 403-405, Woodbridge, CT 06525

- Offers Qb test (<https://www.ctpsychwellness.com/contents/adhd-assessment>) and Ongoing services via telehealth (<https://www.ctpsychwellness.com/contents/telehealth>)

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- “Services may be covered in full or in part by your health insurance or employee benefit plan (<https://www.ctpsychwellness.com/contents/patient-information/rates-insurance>).”

### **Hop Brook Counseling Center**

530 Middlebury Road  
Suite 210B  
Middlebury, CT 06762

1187 Queen Street  
Southington, CT 06489  
Tel: 203-518-5380  
Fax: 203-490-4242

<https://www.hopbrookcc.com/services>

- Takes Husky, Cigna and most private insurances
- Offers ADHD evaluations and ongoing services once their new APRN starts 10/4<sup>th</sup>

### **Staltaro Psychological Services**

96 Connecticut Blvd, East Hartford, CT 06108  
Phone: (860) 502-4908  
Text: (860) 386-5010

- Psychotherapy and Neuropsychological Testing for Children and Adults.
- Husky & Most Other Insurances Accepted
- Evening & Weekend Appointments

### **Apex Psychological Services**

260 Amity Rd. Suite 202, Woodbridge, CT 06525  
(203)298-4572  
Fax | (203) 298-9007  
Email | [forenpysd@gmail.com](mailto:forenpysd@gmail.com)

### **BEAN Behavioral Health**

642 Hilliard Street, Suite 1307, Manchester, CT 06042, US  
[\(860\) 325-2575](tel:(860)325-2575)

We accept the following insurance plans: Husky/Medicaid, Anthem / Blue Cross/Blue Shield, United Health, Cigna, and Aetna.

\*\* For insurances we do not currently accept, we are able to provide you with an invoice that you can submit for reimbursement.

### **Serenity Wellness**

[388 E Main St  
Branford, CT 06405](https://www.serenitywellness.com)

T: 860-975-7455

E: [serenitywellnessbranford@serenitywellness.com](mailto:serenitywellnessbranford@serenitywellness.com)

F: 860-254-6681

- Offers ADHD evaluations, ongoing med mgmt, & telehealth-related services

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- Takes Cigna, Aetna, Anthem BCBS, CT Medicaid/Husky Health, and many other companies (<https://serenitywellness.company/health-insurance/>)

### **Center for NeuroPotential**

144 North Main St.

Branford, CT 06405

T: [475-221-8142](tel:475-221-8142)

E: [contact@centerforneuropotential.com](mailto:contact@centerforneuropotential.com)

- Offers neuropsychological evaluations, QEEG guided Neurofeedback, and counseling services.
- Takes Anthem Blue Cross/Blue Shield, Husky, and out-of-network benefits.

### **Mary White-Roath, Ed.D**

Integrated Assessment Associates

16 Brace Road,

West Hartford, 06107

T: (860) 256 – 7092

E: [drwhiteroath@marywhiteroath.com](mailto:drwhiteroath@marywhiteroath.com)

E: [roath@comcast.net](mailto:roath@comcast.net)

### **Clarus Health Alliance**

<http://clarushealthalliance.com>

#### ***West Hartford Office***

10 North Main Street, Suite 303

West Hartford, CT 06107

Phone: 860.889.7274

Fax: 860.889.2131

#### ***Norwich Office***

40 Connecticut Avenue

Norwich, CT, 06360

Phone: 860.889.7274

Fax: 860.889.2131

### **The Psychological Services Clinic @ UCONN**

Department of Psychological Sciences

University of Connecticut

Bousfield Building Annex, 2nd Floor

406 Babbidge Road, Unit 1020

Storrs, CT 06269-1020

T: 860-486-2642

F: 860-486-4848

### **Northeast Neuropsychology, LLC**

#### ***Cheshire Office:***

609 West Johnson Avenue • Suite 104

Cheshire, Connecticut 06410

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Phone: (203) 272-6007

Fax: (203) 272-8895

**West Hartford Office:**

18 North Main Street • Suite 2E

West Hartford, Connecticut 06107

Phone: (203) 272-6007

Fax: (203) 272-8895

**Comprehensive Neuropsychological Services, P.C.**

1095 South Main Street Cheshire, Connecticut 06410

Tel: 203-271-3809

Fax: 203-272-6968

[www.clinicalneuropsych.com](http://www.clinicalneuropsych.com)

CNS participates with nearly all private insurance carriers as well as Husky, and we offer in-office and telehealth modalities depending on patients' preferences and clinical needs.

## Telehealth Providers

**Alma** - <https://helloalma.com/> - Request a consultation with specific providers to share your goals for therapy and learn more about how they might help you achieve them.

<https://www.hhhcenter.com/> - Holistic Health & Healing Center - in network Cigna, Husky, Optum, BlueCross BlueShield, Anthem, Magellan - therapy only

[growththerapy.com](http://growththerapy.com) - all insurances - meds and therapy - seems to be just starting out, not many providers on the search for CT

[joinlavender.com](http://joinlavender.com) - NY, MA, NJ - all insurances, meds and therapy in one session, all NPs - could be good for students over breaks

**Brightside online psychiatry** - [www.brightside.com](http://www.brightside.com) - all insurances, subscription psychiatry and therapy packages, anxiety and depression only, they mail prescriptions to you - consults are 15 min only, not a good option for high risk/complex

[get.cerebral.com](http://get.cerebral.com) - all insurances - meds + coaching, meds + therapy, or therapy only packages.

<https://khealth.com/> - K Health is a telemedicine platform. It offers affordable primary and urgent care and mental health and pediatrics services online. A person can access board certified doctors 24-7 through K Health and get prescriptions and refills on the go.

[Talkspace.com](http://Talkspace.com) - all insurances, meds and therapy

[Forhers.com/psychiatry](http://Forhers.com/psychiatry) - anxiety and depression subscription service, mails meds to you, NOT a full evaluation - many visits done through questionnaires only, not a good option for high risk/complex

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[Talkiatry.com](http://Talkiatry.com) - all psychiatry, in network with all insurances, no therapy services, more traditional model

**RIVIA Mind**

274 Madison Avenue, Suite 1501 New York, NY 10016

2125 Biscayne Blvd., Miami, FL 33137

13 Alan Terrace, Jersey City, NJ 07306

500 Post Road E., Westport, CT 06880

Email: [info@riviamind.com](mailto:info@riviamind.com)

T: (212) 203-1773

F: (646) 665-4427